

# Patient Consent Form

AN ULTHERAPY TREATMENT SHOULD ONLY BE PERFORMED AFTER A COMPLETE DISCUSSION OF THE RISKS RELATED TO THE TREATMENT AND WRITTEN INFORMED CONSENT OBTAINED.

## PATIENT CONSENT

The following points of information have been specifically discussed and I have had the opportunity to ask any questions concerning this information:

- The Ulthera® System delivers a low amount of focused ultrasound energy to the skin. The heat from the ultrasound stimulates new collagen to form. I understand that there can be discomfort during the treatment when the ultrasound energy is delivered. I have discussed with my practitioner the options available to me to optimize my comfort during the procedure. Initial \_\_\_\_\_
- Immediately following Ultherapy®, the skin may appear red for a few hours. It is not uncommon to experience slight swelling for a few days following the procedure or tingling/tenderness to the touch for days to weeks following the procedure, but these are mild and temporary in nature. Initial \_\_\_\_\_
- Occasional temporary effects may include bruising or welts, which resolve in hours to days, or numbness in a select area, which resolves in days to weeks. Initial \_\_\_\_\_
- As with any medical procedure, there are possible risks associated with the treatment. There is a remote risk of a burn that may or may not lead to scarring (either of which will respond to medical care), or temporary nerve inflammation, which will resolve in a matter of days to weeks. Temporary local muscle weakness may result after treatment due to inflammation of a motor nerve. Temporary numbness may result after treatment due to inflammation of a sensory nerve. Initial \_\_\_\_\_
- It has been explained to me that the results vary from patient to patient, and, occasionally, the collagen building on the inside that helps counter the effects of gravity does not have a visible effect on the outside. I understand that results will unfold over the course of 3 to 6 months and that some patients may benefit from more than one treatment. I also understand that a non-invasive Ultherapy treatment is not intended to produce the same results as an invasive surgical procedure. Initial \_\_\_\_\_

I now authorize \_\_\_\_\_ to begin my Ultherapy treatment.

Patient \_\_\_\_\_

Address \_\_\_\_\_

Telephone \_\_\_\_\_

**ULTHERA EMPLOYEE STATEMENT:** I have fully explained to the patient, \_\_\_\_\_, the nature and purpose of the Ultherapy treatment and the potential risks associated with that treatment. I have asked the patient if he/she has any questions regarding this treatment or the risks and have answered those questions to the best of my ability. I also acknowledge that I have read and understand the prescribing information listed above.

\_\_\_\_\_  
Ulthera Employee

\_\_\_\_\_  
Date

1000654FRM RevA

# Ultherapy<sup>®</sup> Consult Record

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Medical and Surgical History

Age: \_\_\_\_ Weight: \_\_\_\_ lbs. Height: \_\_\_\_

Gender:  M  F

Active Severe or Cystic Facial Acne\*  YES  NO  
 Open facial wound or lesion\*  YES  NO  
 Metal stents in the treatment area\*\*  YES  NO  
 Implanted electrical devices\*\*  YES  NO  
 Pregnant or lactating\*\*\*  YES  NO  
 Migraines\*\*\*  YES  NO  
 Bell's palsy\*\*\*  YES  NO  
 Hemorrhagic or bleeding disorders\*\*\*  YES  NO

Mechanical or other implants in the treatment area\*\*  YES  NO  
 Active or local skin disease that may alter wound healing\*\*\*  YES  NO  
 Autoimmune Disease\*\*\*  YES  NO  
 Epilepsy\*\*\*  YES  NO  
 Herpes or Cold sores\*\*\*  YES  NO  
 Diabetes\*\*\*  YES  NO

List any chronic illness: \_\_\_\_\_

Undergone the following cosmetic procedures in the brow or lower face and neck area:

**Facial skin tightening procedure** treatment within the last 1 year.....  YES  NO  
 Treatment name: \_\_\_\_\_ Location treated: \_\_\_\_\_ Date of last treatment \_\_\_\_\_  
**Filler (i.e. Juvederm<sup>®</sup> or Sculptra<sup>®</sup>)** within the last 3-6 months.....  YES  NO  
 Product name: \_\_\_\_\_ Location treated: \_\_\_\_\_ Date of last treatment \_\_\_\_\_  
**Neurotoxin (i.e. Botox<sup>®</sup> or Dysport<sup>®</sup>)** within the last 3-6 months.....  YES  NO  
 Product name: \_\_\_\_\_ Location treated: \_\_\_\_\_ Date of last treatment \_\_\_\_\_  
**Ablative resurfacing laser treatment** .....  YES  NO  
 Treatment name: \_\_\_\_\_ Location treated: \_\_\_\_\_ Date of last treatment \_\_\_\_\_  
**Non - Ablative resurfacing laser treatment** .....  YES  NO  
 Treatment name: \_\_\_\_\_ Location treated: \_\_\_\_\_ Date of last treatment \_\_\_\_\_  
**Dermabrasion or deep facial peels**.....  YES  NO  
 Treatment name: \_\_\_\_\_ Location treated: \_\_\_\_\_ Date of last treatment \_\_\_\_\_  
**Lipoplasty in the face or neck regions**.....  YES  NO  
 Treatment name: \_\_\_\_\_ Location treated: \_\_\_\_\_ Date of last treatment \_\_\_\_\_  
**Facelift or blepharoplasty or brow lift**.....  YES  NO  
 Treatment name: \_\_\_\_\_ Location treated: \_\_\_\_\_ Date of last treatment \_\_\_\_\_

Are you currently taking the following prescription medications:

Accutane within the last 12 months.....  YES  NO  
 Anticoagulants or antiplatelet drugs.....  YES  NO  
 Immunosuppressant drugs.....  YES  NO

List all medications or supplements below. Be sure to include all prescription or non-prescription medications

If you are not taking any medications or supplements please check here:

Medication	Disease/Reason	Dose	Frequency	Date started	Date last taken

\*Ultherapy<sup>®</sup> is contraindicated for use

\*\* Ultherapy<sup>®</sup> is not recommended for use directly over this

\*\*\* Ultherapy<sup>®</sup> has not been evaluated for use in this scenario

# Ultherapy<sup>®</sup> Consult Record

## Self-Exam

As every patient is different, the clinical factors listed below are intended to assist your clinician in forecasting your clinical response to Ultherapy. Please score each clinical factor listed below. Upon examination of your responses, your physician will discuss your options for achieving optimal results with Ultherapy.

### Clinical Response Factors<sup>®</sup>: Circle the appropriate answer below

**Age:** <35 y/o                      35-49 y/o                      50-64 y/o                      65+ y/o

**Smoking History:** Never smoked                      Ex-smoker                      Light smoker                      Heavy smoker

**Health:** No health issues                      Minor health issues                      Chronic health issues

**Sun exposure:** Never use sun screen                      Occasionally use sun screen                      Always use sun screen

Clinical Response Factors – Upper face: Check the appropriate box	None	Mild	Moderate	Severe
<b>Skin Laxity:</b> Excess skin or hooding on the eyelid; eyelid droopiness				
<b>Volume:</b> Presence of fat deposits under eyes; infra-orbital puffiness				
<b>Skin Quality:</b> Fine lines, crepiness/wrinkling, and/or poor elasticity				
Clinical Response Factors – Lower face and neck: Check the appropriate box	None	Mild	Moderate	Severe
<b>Skin Quality:</b> Fine lines, crepiness/wrinkling, and/or poor elasticity				
<b>Volume:</b> Presence of fat deposits in lower face, loss of jaw definition, and/or excessive sub-Q fat				
<b>Skin Quality:</b> Fine lines, crepiness/wrinkling, and/or poor elasticity				

What are your treatment goals: \_\_\_\_\_  
\_\_\_\_\_

Additional findings:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Ultherapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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**THIS SECTION FOR HEALTH-CARE PROFESSIONAL USE ONLY**

## Treatment checklist

Pre-treatment photos taken.....  YES  NO  
Procedure reviewed with patient: .....  YES  NO  
Patient questions answered: .....  YES  NO  
Informed Consent signed: .....  YES  NO  
Photo Consent signed: .....  YES  NO  
Ultherapy™ treatment date: \_\_\_\_\_  
Pre-Medication Order: \_\_\_\_\_  
Ultherapy™ Treatment Record from System printed: .....  YES  NO  
Ultherapy™ Patient Record completed: .....  YES  NO  
“What to Expect” pamphlet instruction given to patient:.....  YES  NO

## Follow up checklist

Aesthetic care plan discussed: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
3 month follow-up appointment scheduled: \_\_\_\_\_  
1st follow-up visit date: \_\_\_\_\_ Photos Taken:  FV  R45  R90  L45  R90  
2nd follow-up visit date: \_\_\_\_\_ Photos Taken:  FV  R45  R90  L45  R90

Clinical and treatment notes:

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Ultherapist Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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